Things that are useful to have handy

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Unit vector
$$\hat{a} = \frac{\vec{a}}{|\vec{a}|}$$
 Displacement $\vec{r}_{f} - \vec{r}_{i} = \Delta \vec{r}$ Velocity $\vec{v} = \frac{\vec{r}_{f} - \vec{r}_{i}}{t_{f} - t_{i}} = \frac{\Delta \vec{r}}{\Delta t}$
For motion along a curved path,
 $\left|\frac{d\vec{p}}{dt}\right|\hat{p} = \vec{F}_{\parallel}$ and $|\vec{p}|\frac{d\hat{p}}{dt} = |\vec{p}|\frac{|\vec{v}|}{R}\hat{n} = \vec{F}_{\perp}$ or $p\frac{v}{R} = F_{\perp}$
 R is the radius of the "kissing circle." The direction is toward center of the circle.
Magnitude of gravitational force $|\vec{F}_{gavity}| = G\frac{Mm}{|\vec{r}|^{2}}$ Gravitational potential energy $U_{gr} = \frac{-GMm}{|\vec{r}|}$
near the Earth's surface $|\vec{F}_{gavity}| \approx mg$ and $\Delta U_{g} \approx \Delta(mgv)$ $g = +9.8 \frac{N}{Ng}$
Magnitude of electric force $|\vec{F}_{electric}| = \left(\frac{1}{4\pi\epsilon_{0}}\right)\frac{|Qq|}{|\vec{r}|^{2}}$ Electric potential energy $U_{qermg} = \frac{1}{2}k_{s}s^{2} + U_{0}$
Negative constant that makes $U_{spring} < 0.$ It is the same value for initial and final states, so it cancels from the energy principle formula.
Idealized mass-spring oscillator $x = A\cos\omega t = A\cos\left(\sqrt{\frac{k}{m}t}\right)$ $f = \frac{1}{T} = \frac{\omega}{2\pi}$

$$Y = \frac{\text{stress}}{\text{strain}} = \frac{F/A}{\Delta L/L} = \frac{k_{s,i}}{d} \quad \text{(in terms of atomic quantities)} \qquad v_{\text{sound}} = d\sqrt{\frac{k_{s,i}}{m}}$$

Kinetic energy, valid at any speed less than c $K = E - mc^2$

Kinetic energy, valid at speeds much less than
$$c \qquad K \approx \frac{1}{2}m \left| \vec{v} \right|^2 = \frac{\left| \vec{p} \right|^2}{2m}$$

Relationship between relativistic energy and momentum of a particle $E^2 - (pc)^2 = (mc^2)^2$

More equations on next page

$$\vec{L}_A = \left\langle (yp_z - zp_y), (zp_x - xp_z), (xp_y - yp_x) \right\rangle \qquad \vec{\tau}_A = \vec{r}_A \times \vec{F} \qquad K_{\text{rot}} = \frac{1}{2}I\omega^2 = \frac{L_{\text{rot}}^2}{2I}$$

ways to arrange q quanta of energy among N one-dimensional oscillators $\Omega = \frac{(q+N-1)!}{q!(N-1)!}$

Entropy $S \equiv k \ln \Omega$ where $k = 1.38 \times 10^{-23} \, V_{\rm K}$

Temperature: $\frac{1}{T} = \frac{\Delta S}{\Delta E}$ Specific heat capacity *per atom*: $C = \frac{\Delta E_{\text{atom}}}{\Delta T}$

Probability of finding energy *E* in small system in contact with large reservoir is proportional to $\Omega(E)e^{-\frac{E}{kT}}$